



Appetizer

Miso 3

Rice 3

Chilled

Salad	Green 4 Wakame seaweed 7
Sunomono salad	10
Japanese grass noodle and sweet citrus and sour sauce top with shrimp, octopus and surf clam	
Beef tataki	16
Seared and thinly sliced AAA beef striploin with ponzu sauce	
Red tuna tataki	18
Seared and thinly sliced red tuna with ponzu sauce	
Spicy tuna or salmon cocktail	10
Spicy tuna or salmon, cucumber, green onion and Korean hot sauce with crispy chips	

Warm

Deep fried squid Deep fried squid with sesame sauce	14
Chicken karaage	14
Deep fried chicken served with mustard mayo	
Agedashi tofu (6pcs)	8
Deep fried tofu with tempura sauce, bonito flakes	
Crazy tofu (8pcs)	12
Deep fried tofu with bonito flakes, nori, katsu sauce, hot sauce and sweet mayo	
Gyoza (6pcs) Pan fried chicken dumpling	10
NEW Golden potato croquettes	10
Golden-brown, crispy-crust balls of mashed potato with mustard mayo, katsu sauce	
Takoyaki (6pcs)	12
Ball shaped battered crispy octopus with katsu sauce & wasabi mayo	
Seafood okonomiyaki	14
Pan-fried Japanese pancake topped with bonito and nori	
Seafood miso Miso soup with shrimp, scallop, mussel	10
Edamame	6.5
Blanched and sautéed edamame bean with seasoning salt	
Kalbi	15
3pcs grilled beef short rib marinated in sweet soy	
Spring roll (4pcs) Deep fried spring roll	8.5
Deep fried baby octopus with wasabi mayo (2pcs)	7
Deep fried baby octopus on skewer with wasabi mayo	
Hamachi or Salmon collar	15.5



Tempura

Shrimp (5pcs)	14	Yam (5pcs)	11
Veggie (5pcs)	11	Assorted	12
Carrot, kabocha, broccoli, yam, zucchini		3 Shrimp, 2 yam, broccoli, kabocha	



Bento ★ No substitute

★ All bento served with rice, miso and salad.
(No miso comes with vegetarian bento)

Sashimi bento	28	Korean kalbi bento	28
5pcs sashimi, chicken teriyaki, spring roll, assorted tempura		BBQ short rib, chicken teriyaki, spring roll, assorted tempura	
Sushi bento	28	Tonkatsu bento	28
5pcs sushi, chicken teriyaki, spring roll, assorted tempura		Tonkatsu, chicken teriyaki, spring roll, assorted tempura	
Roll bento	26.5	Bulgogi bento	28
8pcs California roll, chicken teriyaki, spring roll, assorted tempura		Bulgogi, chicken teriyaki, spring roll, assorted tempura	
Robata bento	28	Vegetarian bento	24
Grilled salmon, chicken teriyaki, spring roll, assorted tempura		Tofu, avocado roll, spring roll, veggie tempura	



A la Carte

★ Served with salad and rice.

★ Extra meat: Chicken +\$7 / Beef +\$7 /
Tonkatsu +\$7 / Salmon +\$8 / Kalbi +\$9

Salmon teriyaki	25
Seared 6oz salmon and vegetable with teriyaki sauce	
Beef or chicken teriyaki	beef: 26 chicken:25
Stir fried beef or chicken and vegetables with teriyaki sauce	
Tofu teriyaki	18
Deep fried tofu and vegetable with teriyaki sauce	
Bulgogi	26
Marinated thinly sliced beef with vegetables	
Spicy bulgogi	26
Marinated thinly sliced beef with spicy sauce and vegetables	
Kalbi (6pcs)	27
Marinated Korean style beef short rib with stir fried vegetable	
Tonkatsu (served with cabbage salad)	25
Deep fried pork cutlet with katsu sauce	
Japchae	25
Stir fried Korean grass noodle with beef and vegetables	
Korean crispy & spicy chicken	27
Deep fried boneless chicken with sweet & spicy sauce	
Korean creamy chicken	27
Deep fried boneless chicken with creamy sauce	

Tray



Sushi & Roll Tray (52pcs)	85
8pcs of sushi, california roll, tempura shrimp roll, rainbow roll, crispy roll, salmon maki and tuna maki	
Roll Tray (48pcs)	85
California roll, tempura shrimp roll, alaska roll, rainbow roll, crispy roll and rising sun roll	



Noodle ★ Extra noodle +\$4

Udon

Tempura udon	17	Seafood udon	16
Chicken udon	15	Kimchi beef udon	17
Beef udon	15	Tonkatsu udon	16

Stir Fry Udon

Yaki udon	16.5
Seafood / Beef / Chicken	



Ramen

★ All ramen served with shitake mushroom, corn, green onion, pork belly, egg, nori. ★ Extra pork belly +\$5 ★ Extra egg +\$2

Miso / Shoyu / Kimchi	18
NEW Tonkatsu ramen	19



Sashimi

Deluxe sashimi	56	Tuna & salmon sashimi	
24pcs of chef choice sashimi		(10pcs)	28
Regular sashimi	44	Salmon sashimi	28
18pcs of chef choice sashimi		(10pcs)	
Mini sashimi	28	Tuna sashimi	28
10pcs of chef choice sashimi		(10pcs)	

Sashimi (3pcs per order)

Salmon	9	Saba (mackerel)	9
Tuna	9	Hamachi (yellowtail)	10
Hotate (scallop)	9	Tako (octopus)	10
Tai (snapper)	9	Red tuna (yellow fin tuna)	11
Hokkigai (surf clam)	9		



Maki or Cone



Tamago, Cucumber , Avocado	6
Salmon, Tuna, Spicy tuna ,	6.5
Chopchop, Crab meat, Spicy crab meat	



Roll

★ Extra topping

Salmon +\$6 / Tuna +\$6 / Red Tuna +\$8 /
Avocado +\$3 / Tobiko +\$2 / Cream cheese +\$2 /
Crunch +\$2

California roll Crab meat and avocado	9.5
Cucumber roll Cucumber	8.5
Yam tempura roll Yam tempura with spicy mayo	10.5
Tuna roll Tuna and cucumber	13.5
Salmon roll Salmon and avocado	14.5
Avocado roll Avocado inside and outside with spicy mayo	13.5
Chop chop roll Chopped scallop with tobiko and mayo, avocado	13.5
Tempura shrimp roll Tempura shrimp and avocado with spicy mayo	11.5
Spicy tuna roll Spicy tuna with cucumber	14.5
Chicken teri roll Teriyaki chicken, cucumber, teriyaki sauce	14.5
Beef teri roll Teriyaki beef, cucumber, teriyaki sauce	14.5
Truffle roll	21.5
Tempura shrimp, cream cheese, crab meat, AAA beef carpaccio and sliced truffle, sweet mayo, truffle oil	
Rainbow roll Crab meat, avocado, salmon, tai, mango, ebi, red tuna	17.5
Smoked duck roll	18
Crab meat, avocado, smoked duck, tobiko, spicy mayo, unagi sauce	
Rising sun roll	18
Tempura shrimp, avocado, red tuna, Japanese pickle, sweet mayo, unagi sauce	
Ocean roll	18.5
Tempura shrimp, crab meat, cucumber, torched salmon, bonito, wasabi mayo, unagi sauce	
Crispy roll	17.5
Tempura shrimp, avocado, spicy crab meat, tobiko, crunch, mustard mayo, hot sauce	
Power roll	19.5
Crab meat, tamago, cucumber, avocado, BBQ Eel, crunch, tobiko, onion, green onion, spicy mayo, unagi sauce	
Hardcore roll	20.5
Soy wrapper, spicy tuna, salmon, cucumber, tobiko, hot sauce and shichimi, spicy mayo, unagi sauce	
Mango roll	18.5
Teriyaki beef, cucumber, mango, wasabi mayo, balsamic sauce	
Dynamite roll	16
Tempura shrimp, cream cheese, crab meat, tobiko, spicy mayo	
Firework roll	19.5
Tempura shrimp, cucumber, crab meat, torched tuna, torched saba, tobiko, bonito, Japanese pickle, green onion, sweet mayo	
Tempa roll	19.5
Tempura shrimp, avocado, crunch, tobiko, Japanese pickle, sliced avocado, sweet mayo, truffle oil	
Rose roll	19.5
BBQ Eel, cucumber, spicy crab meat, salmon, bonito, sweet mayo, unagi sauce	
Vegetarian roll Inari, avocado, cucumber, mango, Japanese pickle, carrot	16.5
Dragon roll	15.5
Deep fried roll stuffed with spicy cooked salmon and green onion, Japanese pickle, spicy mayo, unagi sauce	
Philadelphia roll	20
Salmon, avocado, cream cheese, smoked salmon, sweet mayo, unagi sauce	
Alaska roll Avocado, crabmeat, smoked salmon	17.5

Refresh roll

Salmon, avocado, cucumber, mango, ebi, balsamic sauce

18.5

Golden roll

Tempura shrimp, tamago, crab meat, mango, mustard mayo

17.5

Vegetarian mango roll

Avocado, cucumber, inari, mango on top with balsamic sauce

17

Aki roll

Tempura shrimp, avocado, spicy tuna, yam crunch, tobiko, sweet mayo, unagi sauce

20

NEW Sakura roll

Tempura shrimp, crab meat, cucumber, salmon, mango, green onion, tobiko, crunch, mustard mayo, unagi sauce

20



Sushi (Nigiri)

★ Aburi (Torched sushi) Extra \$.50 / pc

Deluxe sushi 10pcs of chef choice sushi	29
Mini sushi 6pcs of chef choice sushi	18
Truffle infused sushi	22
6pcs of sushi with truffle Carpaccio, truffle oil	
Hokkigai, Ebi, Inari, Salmon, Tuna, Saba, Tai	2.75
Tamago	
Chopchop, Tobiko	3.25
Hamachi, Spicy tuna, Hotate, Unagi, Tako	3.75
Red Tuna, Smoked salmon	4
Sushi & roll combo 4pcs of sushi and 8pcs of California roll	19
Sushi & sashimi combo 4pcs of sushi and 6pcs of sashimi	26
Chirashi	30
Sushi rice topped with 10pcs of sashimi, tamago	
Sashimi bibimbab	21
Assorted diced sashimi on top of rice, vegetable, & Korean chilli sauce	
Vegetable bibimbab	16
Avocado, lettuce, cucumber, inari, carrot, onion, green onion, wakame	



Lunch menu

11:30 AM~3:00 PM daily

Lunch bento

★ No substitute

★ Served with rice, miso, salad, beef teriyaki, choice of assorted tempura or chicken karaage

Sashimi bento	23	Roll bento	22
5pcs sashimi (salmon, tuna)		8pcs California roll	
Sushi bento	23	Tonkatsu bento	23
5pcs sushi (nigiri)		Deep fried pork cutlet	

Rice bowl

★ Add Shrimp +\$2

Teriyaki beef or chicken or shrimp / NEW Tempura	16
Sashimi bibimbab	21
Assorted diced sashimi on top of rice, vegetable, & Korean chilli sauce	



Japanese & Korean Restaurant

Tel: 780. 948. 9484

Online order available!

www.itsushi-restaurant.com

#106 -7 McLeod Avenue Spruce grove



Poke Salad

- ★ Poke is a raw fish salad in Hawaiian cuisine.
- ★ All poke is served with furikake rice.

It'Poke Salad	18
Yellow fin tuna, salmon, seaweed, edamame, cucumber, onion, sesame oil, Japanese pickle, spicy mayo	
Truffle Poke Salad	18
Salmon, hamachi, truffle oil, seaweed, edamame, cucumber, onion, Japanese pickle, sliced truffle, sweet mayo	
Refresh Poke Salad	18
Salmon, seaweed, edamame, cucumber, onion, sesame oil, Japanese pickle, balsamic	
Tropical Poke Salad	18
Scallop, salmon, seaweed, edamame, cucumber, onion, sesame oil, Japanese pickle, mango, unagi sauce, sweet mayo	
Honolulu Poke Salad	18
Tuna, tamago, seaweed, edamame, cucumber, onion, sesame oil, Japanese pickle, mustard mayo, unagi sauce	
Hardcore Poke Salad	18
Salmon, spicy tuna, seaweed, edamame, cucumber, onion, sesame oil, Japanese pickle, spicy mayo, sriracha	

* If you have any allergies, please inform our server.

* Price may change without notice.